

CURRICULAM VITAE



DR.J.LIZY MERLIN LISHA,

D/o. James.V

D/No 36, Bharather South Street,
Pettai, Tirunelveli-627004

Ph.No: 9842610042

Mail Id: lizylisha@gmail.com

PROFESSIONAL SUMMARY

Accomplished and energetic Educator with the solid history of achievement in Leadership, Motivated leader with strong organizational and prioritization abilities. Areas of expertise include Instruction, Curriculum, and Multicultural aspects.

ACADEMIC CHRONICLE

EXAMINATION	INSTITUTION	YEAR
SSLC	St. Ignatius Convent, Palayamkottai	1990
Higher Secondary Examination	St. Joseph Girls Hr.SecSchool,Tirunelveli	1992

PROFESSIONAL QUALIFICATION:

EXAM/DEGREE	INSTITUTION/UNIVERSITY	YEAR OF PASSING	PERCENTAGE
General Nursing and Midwifery	St. Philomena's School of Nursing,Bangalore,India	August 1995	76.66%

Post BasicB.Sc (Nursing)	Matha College of Nursing, Manamadurai, The TamilnaduDr.MGR Medical University, Chennai,India	April 2001	71.48%
MSc (Nursing) Child Health Nursing	Saveetha College of Nursing, Chennai,TheTamilnaduDr.MGRMedical University, Chennai,India	March 2003	71.08%
Ph.D in Nursing	Himalayan University	December 2019	

PROFESSIONAL EXPERIENCE:

DESIGNATION	INSTITUTION	PERIOD OF EXPERIENCE
Staff nurse	St. Philomena's Hospital, Bangalore, India	01-10-1995 to 31-08-1997 [2 Years]
Staff nurse	Malaya Hospital, Bangalore, India	01-10-1997 to 09-08-1999 [2 Years]
Lecturer	St. Philomena's College of Nursing and Hospital Bangalore, India	01-04-2003 to 25-01-2004 [10 Months]
Asst. Professor	SreeMookambika college of Nursing and Hospital Kulasekaram,Tamilnadu, India	27-01-2004 to 31-08-2006 [2 Years, 7 Months]
Professor	SreeRamachandra Naidu College of Nursing, Tamilnadu, India	04-09-2006 to 31-03-2011 [4 Years, 7 Months]
Vice Principal	IthayaJothi College of Nursing, Tamilnadu, India	01-04-2011 to 06-01-2012 [9 Months]

Principal	Sardar Rajas College of Nursing Kavalkinaru Junction,Tamilnadu, India	07.01.2012 to till date
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Total Years of Experience: 24 years, 3 Months

Clinical Experience: 4 Years

Teaching Experience after PG - 20 Years

Teaching Experience for UG Students – 20 Years

Teaching Experience for PG Students – 9 Years

ACADEMIC EXPERIENCE

COURSE	SUBJECTS HANDLED	TOTAL YEARS
B.SC(N)	Nursing Foundations	20 Years
	Communication and Education Technology	20 Years
	Child Health Nursing	20 Years
	Nursing Research and Statistics	20 Years
	Management of Nursing Services	20 Years
P.B.BSC (N)	Nursing Foundations	20 Years
	Communication and Education Technology	20 Years
	Child Health Nursing	20 Years
	Nursing Research and Statistics	20 Years
	Management of Nursing Services	20 Years
M.SC(N)	Nursing Education	9 Years
	Advanced Nursing Practice	9 Years
	Nursing Research	9 Years
	Child Health Nursing	9 Years
	Nursing Management	9 Years

ACADEMIC ACTIVITIES

- Development, planning, implementation & evaluation of nursing program i.e, B.Sc. Nursing, M.Sc.Nursing& Nursing specialties courses etc.
- Developed philosophy & objectives for educational program.
- Identifies the present needs related to the educational program & investigate, evaluate & secure resources.
- Selecting & organizing learning experiences.
- Direct planning activities & put programs in place with staff to ensure attainment of College of Nursing vision.
- Determines the number of position & scope & responsibility of each teaching & non-teaching staffs.
- Analyses the Job to be done in terms of needs education program.
- Prepared the job description, indicate line of authority, responsibility in the relationship & channels of communication by means of organization chart & other method.
- Delegate's authority commensurate with responsibility.
- Provided an organizational framework for effective staff functioning such as meeting of the staff etc.
- Recommended appointment & promotion based on qualification & experience of the individual staff scope of job & total staff composition.
- Subscribes & encourages developmental aspects with reference to welfare of staff & students.
- Consistently makes administrative decision based on established policies.
- Facilitated participation in community, professional & institutional activities by providing time, Opportunity for support for such participation.
- Provided freedom for staff to develop active training course within the frame work of curriculum.
- Promoted staff participation in research.
- Procures & maintains physical facilities which are of a standard.
- Interprets nursing education to other related disciplines & to the public.

- Provided for continuous follow-up & revision of education program.
- Prepared periodic report which review the progress & problems of the entire program & presents plans for its continuous development.
- Act as a chairperson for various committees.
- Prepare, secure, approve & administrates the budget.
- Developed college budget based on documented program needs, estimated enrolment of personnel & other final needs & keeps the program within the budget time.
- Participated in University, professional & community service activities.
- Conducting & participating in department meetings & attending various meetings in the University, state and national nursing council
- Initiates & participates in research studies for the improvement of educational programs.
- Recognized the needs for continuing education for self & staff and provides stimulation of opportunities for such development.
- Development of student code of conduct & college hand books to ensure discipline.
- Conducted regular conferences with parents & students about college issues.
- To act as mentor to subordinate.
- Performing other duties as assigned by higher authority

COMMUNITY PARTICIPATION

- Organized awareness Rally on World Aids Day in Rural Area.
- Organized and Motivated the staffs to conduct well Baby clinic and School Health Programme every year in Rural and Urban Area
- Organized Dengue awareness Programme in Community area.
- Organized Mass Health Education Programme for Menopausal Women
- Organized COVID-19 awareness Programme among the Public in Rural and Urban Areas.
- Organized Antenatal Clinic Every year in Urban Area.
- Organized Mass health Education Programme on World Arthritis Day

- Organized MCH Camp Every Year.
- Organized Reproductive Health Exhibition in Community Area
- Organized National Girl Child Day Every Year
- Made students to participate in Pulse Polio Programme Every Year
- Organized awareness program for World Cancer Day Every Year
- Organized Mass Health Education on World Mental Health Day
- Organized Health Camp on World Heart Day

ADDITIONAL ACHIEVEMENTS:

- ❖ IELTS overall score – 6.5 in the year 2004
- ❖ CGFNS Score– 602/800 in 2003,CGFNS CERTIFICATE NO: 0003016396
- ❖ Certificate Course in basic Counseling Skills from the Vellammal Institution, Madurai, Tamilnadu.
- ❖ Certificate in Medical Transcription from ManonmaniamSundaranar University, Tirunelveli, Tamilnadu

CO-CURRICULAR ACTIVITIES:

- Organized many state and national level work shopand conferences in College of Nursing.
- Attended many state and national level workshops and conferences
- Presented many papers at conferences &Published Articles in Journals
- 2012 to till date - SNA president of Sardar Rajas College of Nursing.
- 2006 – Till Date- Active member of Research Committee, Library Committee and Curriculum Committee of Sardar Rajas College of Nursing
- Organized a continuing Nursing Education program for staff members
- Resource person for continuing Nursing Education program organized by Tamilnadu Nurses and midwife council in collaboration with Government of Tamilnadu for staff nurses

PROFESSIONAL BODY MEMBERSHIP:

- ❖ Life membership: The Trained Nurses Association of India
- ❖ Tamilnadu Nurses and Midwives Council Registration

AWARDS

- Received “**Best Mentor**” award from The Rotary Club of Nagercoil in 2014

Examiner ship:

Appointed as an examiner for valuation of theory answer papers and practical for B.Sc., Nursing, and Post Basic. B.Sc., Nursing, and M.Sc., Nursing Programme in The Tamil Nadu Dr. M.G.R. Medical University, Chennai, India

Research Guide:

Research Guidance was given for more than 100 M.Sc., Nursing students and more than 400 B.Sc and Post Basic. B.Sc., Nursing students.

Inspector ship:

Appointed as the Convenor and Member for the Inspection Committee Member by The TamilNadu Dr. M.G.R. Medical University for Conducting Inspection for B Sc ,PBBSc and M Sc Nursing programs.

Journal Publication:

- Beetroot Juice Extract in improving level of Hemoglobin among adolescent girls with Anemia at Nightingale Nursing Times May – August 2016
- Effect of Ice Pack Application on pain during IM Injection Pondicherry Journal of Nursing July 2016
- A Study to evaluate the Effectiveness of Drumstick leaves Extract in improving the level of Hemoglobin among late Adolescent Girls with Anemia in selected rural areas, Tirunelveli at IDC International Journal July 2019

- A Study To Assess The Effectiveness Of Helfer Skin Tap Technique On Pain Reduction During Intramuscular Injection Among Infants in Americal Journal Of Advances In Nursing Research Volume 10 (2)
- Effectiveness Of Video Assisted Teaching Programme On Prevention Of SexualAbuse Among School Age Girls in Gradiva Review Journal
Volume 9 (6)
- Effectiveness of Jacobson's Muscle Realxation Technique on academic anxiety among Adoloscents in TNNMC Journal Of Pediatric Nursing Volume XI (2), 2023
- Effectiveness of Realaxation Tehnique on Level of Exam Anxiety among Adoloscents in Americal Journal Of Advances In Nursing Research Volume 11 (4) 2024

PERSONAL INFORMATION:

Name	:	Prof.Dr.J. Lizy Merlin Lisha
Gender	:	Female
Date of birth	:	08.11.1974
Religion	:	Christian, Roman Catholic
Nationality	:	Indian
Marital status	:	Married
No.of Children	:	One [16 Yrs old Daughter]
Address	:	D/o. James.V No 36, Bharather South Street, Pettai Tirunelveli-627004
Mobile no	:	9842610042
Email ID	:	lizylisha@gmail.com
Nurse Registration Number	:	39723 Dt. 07.11.1997
Midwives Registration Number:	:	46466 Dt. 07.11.1997
T.N.A.I. Registration Number :	:	64923 Dt. 22.11.1995

Present Designation : Principal

Sardar Rajas college of Nursing

KavalkinaruJn.,Tirunelveli,

Tamilnadu,India

I hereby declare that the above information is true in best of my knowledge

Prof.Dr.J.Lizy Merlin Lisha

Principal

Sardar Rajas College of Nursing

Kavalkinaru Junction

Tirunelveli 627105